

<<Patient\_LastName>> <<Patient\_FirstName>> <<Patient\_Birthdate>>

## Hyperbaric Oxygen Therapy (HBOT)

### Informed Consent Form






#### Purpose of Hyperbaric Oxygen Therapy

You are being offered treatment in a hyperbaric chamber, where you will breathe 100% oxygen at higher than normal atmospheric pressure. This treatment is used to improve oxygen delivery to your body tissues and support healing for certain medical conditions, such as chronic wounds, radiation injury, carbon monoxide poisoning, compromised flaps/grafts, surgical healing, and other approved indications.

#### Procedure

- You will be placed in a hyperbaric chamber, where the pressure is gradually increased.
- You will breathe close to 100% oxygen during the session.
- You may feel pressure changes in your ears similar to when flying in an airplane or diving underwater. You will be taught how to equalize this pressure.
- Each session typically lasts 40–120 minutes, and you may require multiple sessions depending on your condition.
- During treatment, you will be continuously monitored by trained personnel through windows, intercom, and video surveillance. In case of emergency, the chamber can be depressurized quickly by your self or from outside.

#### Preparation and Safety Requirements

-  You must remove all prohibited items (matches, lighters, electronic devices, watches, petroleum-based products, hair sprays, lotions, perfumes, alcohol-based products).
-  You should wear cotton garments provided by the facility.
-  Diabetic patients must eat before treatment and check blood sugar levels.
-  If you have a cold, sinus infection, fever, or cannot equalize ear pressure, you must notify staff before entering the chamber.
-  You should empty your bladder before the session, as treatment may last up to two hours.

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### Potential Benefits

- Enhanced wound healing and tissue repair
- Reduction in infection risk
- Improved circulation and oxygenation
- Specific benefits related to your medical condition as explained by your physician

### Known and Possible Risks

While generally safe, HBOT has risks, which may include but are not limited to:

#### Common / Minor Risks

- ☐ Ear or sinus discomfort from pressure changes (barotrauma)
- ☐ Temporary vision changes (blurry vision, nearsightedness (myopia--usually reversible within weeks after treatment), cataract progression or development)
- ☐ Fatigue or light headedness after treatment
- ☐ Mild claustrophobia

#### Moderate Risks

- ☐ Ear drum rupture (tympanic membrane perforation)
- ☐ Sinus squeeze (pain, nosebleeds)
- ☐ Pulmonary barotrauma (lung injury due to pressure changes)
- ☐ Hypoglycemia (low blood sugar in diabetic patients)
- ☐ Dental pain due to trapped air under fillings or crowns
- ☐ Oxygen toxicity (may cause coughing, chest tightness, seizures)-this only happens with around 10 times the oxygen exposure we use for you (for example, if you breath the oxygen all day long).

#### Serious but Rare Risks

- ☐ Seizures due to central nervous system oxygen toxicity (not associated with long-term damage, but requires emergency decompression)
- ☐ Lung collapse (pneumothorax)
- ☐ Fire or explosion risk (extremely rare, requires strict avoidance of prohibited flammable items in chamber)
- ☐ Worsening of cataracts or vision changes
- ☐ Heart strain in patients with severe heart disease
- ☐ Death (extremely rare, usually related to underlying disease or catastrophic complication)

### Contraindications

I understand that certain conditions may make HBOT unsafe, such as untreated pneumothorax, certain chemotherapy medications, severe lung disease, or uncontrolled seizures. My medical history has been reviewed with my provider to assess safety.

### | Alternatives

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Alternatives to HBOT may include:

- Medications (antibiotics, wound-healing drugs)
- Surgery or debridement
- Standard wound care
- Doing nothing (observation only)

Your provider has discussed why HBOT is recommended in your case.

### Patient Responsibilities

- Inform the provider of all medical conditions and medications.
- Notify staff immediately if you feel ear pain, chest pain, shortness of breath, dizziness, or unusual symptoms during treatment.
- Follow all safety instructions carefully.
- Attend all scheduled sessions for maximum effectiveness.

### Emergency Procedures

If you develop serious complications (seizure, chest pain, difficulty breathing), the chamber will be depressurized immediately and emergency medical treatment will be provided.

### Patient Acknowledgment

- I have been given the opportunity to ask questions.
- I understand the risks, benefits, and alternatives of HBOT.
- I understand that no guarantee can be made about the outcome of treatment.
- I agree to follow all safety instructions during HBOT.



### Consent

I voluntarily consent to undergo Hyperbaric Oxygen Therapy under the supervision of my healthcare provider.

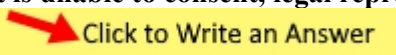


### Patient Signature:

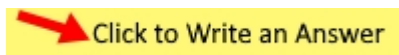
<<Patient\_FirstName>> <<Patient\_LastName>>, <<Patient\_Birthdate>>  
<<Current\_Date>>

### If patient is unable to consent, legal representative:

Name: \_




Relationship: \_



<<Patient\_LastName>> <<Patient\_FirstName>> <<Patient\_Birthdate>>

(OPTIONAL)


x  Click for Signature

Signature: \_\_\_\_\_ Date: \_\_\_\_\_<<Current\_DateTime>>

**Provider / Witness:**

Name: \_\_\_\_\_<<User\_FirstName>> <<User\_LastName>>

(OPTIONAL)

x  Click for Signature

Signature: \_\_\_\_\_ Date: <<Current\_DateTime>>